



ERIE POLICE DEPARTMENT



Written Directives

Number: **060.004**

Title: <u>Physical Performance Standards</u>		Pages: 2
Effective Date: <u>08/25/17</u>	Review Date: <u>06/01/20</u>	Amended Date: <u>01/06/19</u>

POLICY:

The department accepts only physically fit and medically approved applicants who are capable of performing the essential job functions for the position of police officer. It is the intent of the department for its sworn personnel to remain in a physically fit condition throughout their employment.

After passing the initial pre-employment physical agility test, all sworn officers will be required to take an annual physical agility test to ensure they can successfully complete the physical demands of their position.

DEFINITIONS:

SWORN PERSONNEL: Persons appointed as police officers and who are required by law to be POST certified as peace officers.

PROCEDURES:

I. PROCEDURE

- A. An officer must meet the minimum standard on the physical agility test each year.
- B. It is recommended officers should take annual physical examinations to include vision, hearing and dental exams.

II. TESTING PROGRAM

- A. The Erie Police Department has adopted the following physical performance test. This test will be used for entry testing of police officer applications, annual testing, and if necessary, for any fitness for duty requirements.
- B. Physical Performance (Agility) Test:
 - 1. The physical agility test will be job-related and will test for the necessary physical capabilities necessary for a police officer to adequately perform his/her duties.
 - 2. To successfully complete the physical agility test, the participant must:
 - a. Run an obstacle course which begins by sitting in the driver's seat of a car, exiting the car and running 175 feet to an 8 foot ladder and ascend/descend five

steps or rungs, then run 50 feet to and crawl for 12 feet and return, running 50 feet to the sitting position in the driver's seat of the car within 101 seconds.

- b. Within two minutes of completing the obstacle course, the participant will pull a weighted object (150 pounds) for 25 feet from a standing position.
 - c. Immediately after the weight pull, the participant will run a distance of ¼ mile within 162 seconds.
3. New officer candidates must sign and complete a medical waiver to participate in the physical agility test.

C. Failure to Meet Performance Standards:

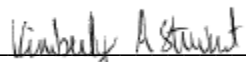
If an officer is unable to pass the annual physical agility test, the officer must retake the test every three (3) months for up to twelve (12) months or until they pass the test, whichever occurs first. A Performance Improvement Plan (PIP) may be administered to help the officer be successful.

RULES:

NONE

REFERENCES:

Erie Police Department Chapter 11
Craig Police Department Policy 1032, September, 2015



Kimberly A. Stewart
Chief of Police