



Pool Schedule Summer 2021

June 1 - August 10
(schedule subject to change)

	River	Lap Pool	Zero Depth	Slide	Rope	Hot Tub	Swim Programs
MONDAY	Adult Only 5:00 - 7:00 a.m.	3 Lanes Available 5:00 - 8:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 a.m. - 1:00 p.m.	OPEN 5:00 a.m. - 7:45 p.m.	Swim Lessons AM 8:00 - 10:15 a.m.
	Hydro Pump 7:00 - 8:00 a.m.	H2o Aerobics 8:00 - 9:00 a.m.	Open Swim 11:00 a.m. - 7:45 p.m.	OPEN 11:00 a.m. - 7:45 p.m.	OPEN 1:00 - 3:00 p.m.		
	Closed for Swim Lessons 8:00 - 9:15 a.m.	Closed for Swim Lessons 9:00 - 10:15 a.m.			CLOSED 3:00 - 7:45 p.m.		
	Aqua Movement 9:15 - 10:15 a.m.	2 Lanes Available 10:15 a.m. - 1:00 p.m.					
	Adult Only 10:15 - 11:00 a.m.	Open Swim 1:00 - 4:00 p.m.					
	Open Swim 11:00 a.m. - 7:45 p.m.	2 Lanes Available 4:00 - 6:00 p.m.					
		H2o Aerobics 6:00 - 7:00 p.m.					
	2 Lanes Available 7:00 - 7:45 p.m.						
TUESDAY	Adult Only 5:00 - 7:00 a.m.	3 Lanes Available 5:00 - 8:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 a.m. - 1:00 p.m.	OPEN 5:00 a.m. - 5:00 p.m.	Swim Lessons AM 8:00 - 10:15 a.m.
	Hydro Pump 7:00 - 8:00 a.m.	H2o Aerobics 8:00 - 9:00 a.m.	Open Swim 11:00 a.m. - 4:50 p.m.	OPEN 11:00 a.m. - 4:50 p.m.	OPEN 1:00 - 3:00 p.m.	CLOSED 5:00 - 6:45 p.m.	Swim Lessons PM 5:00 - 6:45 p.m.
	Closed for Swim Lessons 8:00 - 9:15 a.m.	Closed for Swim Lessons 9:00 - 10:15 a.m.	CLOSED 4:50 - 7:00 p.m.	CLOSED 4:50 - 7:00 p.m.	CLOSED 3:00 - 7:45 p.m.	OPEN 6:45 - 7:45 p.m.	Synchro Storm (All 3 Lanes) 6:00 - 9:00 p.m.
	Aqua Movement 9:15 - 10:15 a.m.	2 Lanes Available 10:15 a.m. - 1:00 p.m.	Open Swim 7:00 - 7:45 p.m.	OPEN 7:00 - 7:45 p.m.			
	Adult Only 10:15 - 11:00 a.m.	Open Swim 1:00 - 4:00 p.m.					
	Open Swim 11:00 a.m. - 4:50 p.m.	2 Lanes Available 4:00 - 5:00 p.m.					
	Closed for Swim Lessons 4:50 - 7:00 p.m.	Closed for Swim Lessons 5:00 - 6:30 p.m.					
Open Swim 7:00 - 7:45 p.m.	Synchro Storm (All 3 Lanes) 6:00 - 9:00 p.m.						
WEDNESDAY	Adult Only 5:00 - 7:00 a.m.	3 Lanes Available 5:00 - 8:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 a.m. - 1:00 p.m.	OPEN 5:00 a.m. - 7:45 p.m.	Swim Lessons AM 8:00 - 10:15 a.m.
	Hydro Pump 7:00 - 8:00 a.m.	H2o Aerobics 8:00 - 9:00 a.m.	Open Swim 11:00 a.m. - 7:45 p.m.	OPEN 11:00 a.m. - 7:45 p.m.	OPEN 1:00 - 3:00 p.m.		
	Closed for Swim Lessons 8:00 - 9:15 a.m.	Closed for Swim Lessons 9:00 - 10:15 a.m.			CLOSED 3:00 - 7:45 p.m.		
	Aqua Movement 9:15 - 10:15 a.m.	2 Lanes Available 10:15 a.m. - 1:00 p.m.					
	Adult Only 10:15 - 11:00 a.m.	Open Swim 1:00 - 4:00 p.m.					
	Open Swim 11:00 a.m. - 7:45 p.m.	2 Lanes Available 4:00 - 6:00 p.m.					
		H2o Aerobics 6:00 - 7:00 p.m.					
	2 Lanes Available 7:00 - 7:45 p.m.						
THURSDAY	Adult Only 5:00 - 7:00 a.m.	3 Lanes Available 5:00 - 8:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 a.m. - 1:00 p.m.	OPEN 5:00 a.m. - 5:00 p.m.	Swim Lessons AM 8:00 - 10:15 a.m.
	Hydro Pump 7:00 - 8:00 a.m.	H2o Aerobics 8:00 - 9:00 a.m.	Open Swim 11:00 a.m. - 4:50 p.m.	OPEN 11:00 a.m. - 4:50 p.m.	OPEN 1:00 - 3:00 p.m.	CLOSED 5:00 - 6:45 p.m.	Swim Lessons PM 5:00 - 6:45 p.m.
	Closed for Swim Lessons 8:00 - 9:15 a.m.	Closed for Swim Lessons 9:00 - 10:15 a.m.	CLOSED 4:50 - 7:00 p.m.	CLOSED 4:50 - 7:00 p.m.	CLOSED 3:00 - 7:45 p.m.	OPEN 6:45 - 7:45 p.m.	Synchro Storm (All 3 Lanes) 6:00 - 8:00 p.m.
	Aqua Movement 9:15 - 10:15 a.m.	2 Lanes Available 10:15 a.m. - 1:00 p.m.	Open Swim 7:00 - 7:45 p.m.	OPEN 7:00 - 7:45 p.m.			
	Adult Only 10:15 - 11:00 a.m.	Open Swim 1:00 - 4:00 p.m.					
	Open Swim 11:00 a.m. - 4:50 p.m.	2 Lanes Available 4:00 - 5:00 p.m.					
	Closed for Swim Lessons 4:50 - 7:00 p.m.	Closed for Swim Lessons 5:00 - 6:30 p.m.					
Open Swim 7:00 - 7:45 p.m.	Synchro Storm (All 3 Lanes) 6:00 - 8:00 p.m.						
FRIDAY	Adult Only 5:00 - 7:00 a.m.	3 Lanes Available 5:00 - 8:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 - 11:00 a.m.	CLOSED 5:00 a.m. - 1:00 p.m.	OPEN 5:00 a.m. - 5:45 p.m.	Aloha Birthday Parties 6:00 - 7:15 p.m.
	Hydro Pump 7:00 - 8:00 a.m.	H2o Aerobics 8:00 - 9:00 a.m.	Open Swim 11:00 a.m. - 5:45 p.m.	OPEN 11:00 a.m. - 5:45 p.m.	OPEN 1:00 - 3:00 p.m.		check with Guest Service for availability and scheduling
	Adult Only 8:00 - 9:15 a.m.	CLOSED 9:00 - 10:15 a.m.			CLOSED 3:00 - 5:45 p.m.		
	Aqua Movement 9:15 - 10:15 a.m.	2 Lanes Available 10:15 a.m. - 1:00 p.m.					
	Adult Only 10:15 - 11:00 a.m.	Open Swim 1:00 - 5:45 p.m.					
Open Swim 11:00 a.m. - 5:45 p.m.							
SAT.	Adult Only 7:00 - 9:00 a.m.	3 Lanes Available 7:00 - 9:00 a.m.	CLOSED 7:00 a.m. - 12:00 p.m.	CLOSED 7:00 a.m. - 12:00 p.m.	CLOSED 7:00 a.m. - 1:00 p.m.	OPEN 7:00 - 9:00 a.m.	Swim Lessons AM 9:00 a.m. - 12:00 p.m.
	Closed for Swim Lessons 9:00 a.m. - 12:00 p.m.	Closed for Swim Lessons 9:00 - 11:30 a.m.	Open Swim 12:00 - 4:30 p.m.	OPEN 12:00 - 4:30 p.m.	OPEN 1:00 - 4:00 p.m.	OPEN 9:00 - 11:30 a.m.	Synchro Storm (1 Lane) 10:30 - 11:30 a.m.
	Open Swim 12:00 - 4:30 p.m.	Synchro Storm (1 Lane) 10:30 - 11:30 a.m.			CLOSED 4:00 - 4:30 p.m.	OPEN 11:30 a.m. - 4:30 p.m.	Aloha Birthday Parties 4:45 - 6:00 p.m.
	3 Lanes Available 11:30 a.m. - 1:00 p.m.					check with Guest Service for availability and scheduling	
	Open Swim 1:00 - 4:30 p.m.						
SUN.	Adult Only 8:00 - 10:00 a.m.	2 Lanes Available 8:00 a.m. - 12:00 p.m.	CLOSED 8:00 - 10:00 a.m.	CLOSED 8:00 - 11:00 a.m.	CLOSED 8:00 a.m. - 12:00 p.m.	OPEN 8:00 a.m. - 3:15 p.m.	Aloha Birthday Parties 3:30 - 4:45 p.m.
	Open Swim 10:00 a.m. - 3:15 p.m.	Open Swim 12:00 - 3:15 p.m.	Open Swim 10:00 a.m. - 3:15 p.m.	OPEN 11:00 a.m. - 3:15 p.m.	OPEN 12:00 - 3:00 p.m.		check with Guest Service for availability and scheduling

Swim Lesson Selection Guide

Which lesson would be appropriate for my child?



6 Months – 3 Years

Parent & Child 1 - 2

*Parent Child 1 is recommended for children 6 - 24 months
**Parent Child 2 is recommended for children 18 months - 3 years



3 - 5 Years

Preschool Level 1 - 3



6 - 12 years

Levels 1 - 5
& Stroke Clinic

Which Level Should I Enroll My Child?

Child Age 6 Months – 3 Years

Is your child comfortable being in and around water?

Not Yet

Parent Child -
Level 1

Is your child comfortable entering and exiting the water?

Not Yet

Parent Child -
Level 2

Child Age 3 - 5 years

Can the student put their face in the water and blow bubbles?

Not Yet

Preschool -
Level 1

Can the student float on their back for 15 seconds and recover to their front?

Not Yet

Preschool -
Level 2

Can the student swim independently to the instructor and turn over onto their back?

Not Yet

Preschool -
Level 3

Can your student swim 15 yards rolling from front to back without assistance?

Not Yet

Preschool -
Level 3+

Child Age 6 - 12 years

Can the student enter and exit the water and swim 5 yards independently with their face in the water?

Not Yet

Level 1

Can the student swim using combined arm and leg motion and recover to a back float independently?

Not Yet

Level 2

Can the student swim 15 yards on their front and back with side breathing?

Not Yet

Level 3

Can the student swim 25 yards front and back crawl and 15 yards breaststroke?

Not Yet

Level 4

Can the student use a dive entry and swim 25 yards front crawl, back crawl, breaststroke, and butterfly?

Not Yet

Level 5

Can the student swim all four competitive strokes effectively?

Not Yet

Stroke Clinic

For all swim lesson related questions
please call 303-926-2562.