



June 2019— Monthly Menu

Thursday Lunch!



Our lunches are provided by The Friendly Fork: Weld County Senior Nutrition program every Thursday at NOON. Join us for social hour beginning at 11:00 am. Reservations are required by Tuesday, at 5:00 pm. Call 303.926.2793 to make reservations.
 \$4.00 - Suggested Donation for 60 +
 \$12.00 - Fee for under 60
 Meals subject to change based on product availability.

MENU	LUNCH PROGRAM
<p align="center">June 6</p> <p>Hamburger on Bun, Ketchup, Mustard, Lettuce, Tomato, Onion, Creamy Potato Salad, 3 Bean Salad, Orange Wedges, Milk 1%</p>	<p align="center">June 6</p> <p>Blood pressure checks Talk: How to Navigate a Hospitalization By: Dr. Jeff Carter</p>
<p align="center">June 13</p> <p>Swedish Meatballs over Penne Pasta, Coleslaw with Pineapple and Raisins, Wheat Roll, Butter, Watermelon, Milk 1%</p>	<p align="center">June 13</p> <p>Spellbinder (story telling) After lunch in Columbine Lounge</p>
<p align="center">June 20</p> <p>Roast Turkey, Gravy, Mashed Potatoes with Garlic, Gravy, Broccoli-Carrots-Cauliflower, Cabbage-Cranberry-Pear Salad, Dill Roll, Butter, Milk 1%</p>	
<p align="center">June 27</p> <p>Shepherd's Pie, Pea Salad, Wheat Roll, Butter, Melon Mix, Milk 1%</p>	<p align="center">June 27</p> 



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