

January 2019— Monthly Menu

Thursday Lunch!



Our lunches are provided by The Friendly Fork: Weld County Senior Nutrition program every Thursday at NOON.

Join us for social hour beginning at 11:00 am.

Reservations are required by Tuesday, at 5:00 pm.

Call 303.926.2793 to make reservations.

\$4.00 - Suggested Donation for 60 +

\$12.00 - Fee for under 60

Meals subject to change based on product availability.

MENU	LUNCH PROGRAM
<p style="text-align: center;">January 3</p> <p>Chicken-Raspberry Glaze, Roasted Beets & Butternut Squash, Green Bean Almandine, Pumpkin Roll, Butter, Banana Bar with Icing, Milk 1%</p>	<p style="text-align: center;">January 3</p> <p>Blood pressure checks</p>
<p style="text-align: center;">January 10</p> <p>Roast Beef with Brown Gravy, Mashed Potatoes with Gravy, Harvard Beets, Wheat Roll, Butter, Pear-Cranberry Cabbage Slaw, Milk 1%</p>	<p style="text-align: center;">January 10</p> <p>Tim Black Musical Entertainment</p>
<p style="text-align: center;">January 17</p> <p>Chicken and Noodle Casserole, Asparagus, Rainbow Fruit Salad, Dill Roll, Butter, Milk 1%</p>	<p style="text-align: center;">January 17</p> <p>Thalia Foster—Speaker Director of Volunteers for Cultivate</p>
<p style="text-align: center;">January 24</p> <p>Taco Casserole, Spicy Black Beans and Tomatoes, Southwestern Coleslaw, Snickerdoodle Cookie, Milk 1%</p>	<p style="text-align: center;">January 24</p>
<p style="text-align: center;">January 31</p> <p>Pot Roast with Baby Carrots and Red Potatoes, Caesar Salad, Wheat Roll, Butter, Mandarin Oranges-Pineapple-Raspberries, Milk 1%</p>	<p style="text-align: center;">January 31</p>



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