



January 6 - May 25 (schedule subject to change)

Act Color		River	Lap Pool	Zero Depth	Slide	Rope	Swim Programs
Sec. 2006.m. \$82.550.cam \$92.110,am \$90.110,am		Adult Only	3 Lanes Available	CLOSED	Open	CLOSED	Swim Lessons
Yes 100 am					3:00 - 8:00 p.m.	5:00 a.m 8:30 p.m.	
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April Apri	>			11.15 a.m 0.30 p.m.	6.00 - 6.30 p.m.		
Add Crity 31 sew Australia Add Crity 32 sew Australia Add Crity 32 sew Australia Add Crity 32 sew Australia Add Crity 31 sew Australia	Ø	8:00 - 11:15 a.m.					(April 1st - May 20th)
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Page			6:00 - 7:00 p.m.				
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March Annew March Annews Copen Service		Adult Only	3 Lanes Available	CLOSED	CLOSED	CLOSED	Swim Lessons
700 800 arm 150 900 arm 150 15						5:00 a.m 8:30 p.m.	
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Top-800 am						5:00 a.m 8:30 p.m.	
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Note				11:15 a.m 3:50 p.m.			4:00 - 6:30 p.m.
Procession Pro							
The column	>			Open Swim	Open		
The column	\(\delta\)			6:30 - 8:30 p.m.			
The column	\Box						
Hydro Pump GLOSED G300 - 630 p.m. Deep Water G30 - 830 p.m. Deep Water G30 - 830 p.m. Deep Water G30 - 830 p.m. 2 Lanes Available 700 - 830 p.m. 2 Lanes Available 700 - 830 p.m. S00	2	Closed					
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Five Lap Pool Zero Depth Slide Rope Swim Programs Soo - 300 am - 100 pm Good am Good am - 100 pm Good am -							
Plydro Pump					5:00 a.m 3:00 p.m.		
Company	>	Hydro Pump	H20 Aerobics	Open Swim	Open	Open	
Company	A			11:15 a.m 6:30 p.m.			-
Company	Ω	8:00 - 11:15 a.m.	9:00 - 10:00 a.m.				
Company	2	Open Swim					
River	Т	11.15 a.iii 0.30 p.m.					
River			1:00 - 4:00 p.m.				
River							
Adult Only 3 Lanes Available CLOSED CLOSED CLOSED Swim Lessons 700 - 800 a.m. 700 - 900 a.m. 700 a.m 1200 p.m. 700 a.m 1200 p.m. 700 a.m 1200 p.m. 900 - 1130 a.m. 900 - 1130 a.m. 1200 - 630 p.m. 1200 - 330 p.m. 1200 p.m.		<u>River</u>		Zero Depth		Rope	
Hydro Pump		Adult Only		CLOSED	CLOSED	CLOSED	Swim Lessons
Subsect							9:00 - 11:30 a.m.
Open Swim 1200 - 630 p.m. Open Swim 100 - 630 p.m. Open Swim 100 - 630 p.m. Slide Rope Swim Programs River Lap Pool Zero Depth Slide Rope Swim Programs Adult Only 8:00 - 10:00 am 2 Lanes Available 8:00 - 10:00 am CLOSED CLOSED CLOSED Open Swim Open Swim Open Swim 10:00 am - 530 p.m. Open 10:00 am - 530 p.m. Open 10:00 am - 500 p.m. Open 10:00 am - 500 p.m. Open 10:00 am - 500 p.m. 12:00 - 300 p.m. CLOSED S00 - 530 p.m. 3:00 - 530 p.m. 3:00 - 530 p.m. 3:00 - 530 p.m. 3:00 - 530 p.m.	F		9:00 - 11:30 a.m.		12:00 - 6:00 p.m.	1:00 - 4:00 p.m.	
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CLOSED CLOSED 5:00 - 5:30 p.m. 3:00 - 5:30 p.m.	$\stackrel{\circ}{\supset}$						
5:00 - 5:30 p.m. 3:00 - 5:30 p.m.	S	10.00 d.Hi 5.30 P.Hi.	12.00 - 5.30 p.m.	10.00 a.m 5.30 p.m.			

WHICH LESSON IS APPROPRIATE?



6–24 MonthsParent/Child Level 1





3–5 YearsPreschool Level 1–3



6–12 Years Level 1–5 & Stroke Clinic

WHICH LEVEL IS APPROPRIATE?

Child Age 6 Months-3 Years

Is your child comfortable being in and around water?
Is your child comfortable entering and exiting the water?

YES? Next Question	NO? Parent/Child Level 1
YES? Next Question	NO? Parent/Child Level 2

Child Age 3-5 Years

Can the student put their face in the water and blow bubbles?

Can the student float on their back for 15 seconds and recover to their front?

Can the student swim independently to the instructor and turn over onto their back?

Can your student swim 15 yards rolling from front to back without assistance?

YES? Next Question	NO? Preschool Level 1
YES? Next Question	NO? Preschool Level 2
YES? Next Question	NO? Preschool Level 3
YES? Next Question	NO? Parent/Child Level 3*

Child Age 6-12 Years

Can the student enter and exit the water and swim 5 yards independently with their face in the water?

Can the student swim using combined arm and leg motion and recover to a back float independently?

Can the student swim 15 yards on their front and back with side breathing?

Can the student swim 25 yards front and back crawl and 15 yards breaststroke?

Can the student use a dive entry and swim 25 yards front crawl, back crawl, breaststroke, and butterfly?

Can the student swim all four competitive strokes effectively?

YES?	Next Question	NO? Level 1
YES?	Next Question	NO? Level 2
YES?	Next Question	NO? Level 3
YES?	Next Question	NO? Level 4
YES?	Next Question	NO? Level 5
		NO? Stroke Clinic

SWIM LESSON REGISTRATION DEADLINES

WEEKDAY SESSIONS				
	REGISTRATIO	ON OPENS:	REGISTRATION WILL CLOSE AT	
SESSION DATES	RESIDENT	NON-RESIDENT	12:00 P.M. ON:	
SESSION 1	DEC 3	DEC 10	JAN 9	
SESSION 2	JAN 25	JAN 28	FEB 1	
SESSION 3	FEB 22	FEB 25	MAR 1	
SESSION 4	MAR 22	MAR 25	MAR 29	
SESSION 4	APR 19	APR 22	APR 26	

WEEKEND SESSIONS				
	REGISTRATION OPENS:			
SESSION DATES	RESIDENT	NON-RESIDENT	WILL CLOSE AT 12:00 P.M. ON:	
SESSION 1	DEC 3	DEC 10	JAN 2	
SESSION 2	FEB 6	FEB 9	FEB 13	
SESSION 3	MAR 27	MAR 30	APR 3	

For all swim lesson related questions please call 303-926-2562.