

# Active Adults 60+

## COLUMBINE LOUNGE ACTIVITIES

The Columbine Lounge is open Monday - Friday, from 8:00 am - 4:00 pm. You are welcome to stop by for a cup of coffee, join others who are playing a variety of games, log on to one of our computers, read a book, or enjoy visiting with others. Participation in the lounge is free of charge to residents and non-residents. Other Center facilities require an admission fee.

## DROP-IN ACTIVITIES

You are welcome to drop in anytime during our lounge hours to play your favorite game. Join us during these times when others will be playing the following games or activities. These scheduled times are ongoing.

|           |                   |                |
|-----------|-------------------|----------------|
| Mon - Fri | 8:00 am - 4:00 pm | Wii games      |
| Monday    | 9:00 am           | Coffee Talk    |
| Tuesday   | 12:30 pm          | Bridge         |
| Wednesday | 9:30 am           | Quilting Group |
| Friday    | 9:00 am           | Coffee Talk    |
|           | 10:00 am          | Drop-in games  |

## LUNCHES

Lunches are served every Thursday at 12:15 pm. Join us for the social hour beginning at 11:00 am. Reservations are required by Tuesday at 4:00 pm by calling 303.926.2795.

## AFTER LUNCH PROGRAMS

After each Thursday's lunch, join us for a free program. We have a variety of topics and guest speakers or entertainment. Programs begin at approximately 12:45 pm and are open to anyone, whether you eat lunch with us or not.

## COMMUNITY RESOURCE PROGRAM

Boulder County Aging Services Division provides a Care Coordinator, Veronica Contos, to handle information and assistance as well as care coordination/case management services to seniors, 60 and over, and their families residing in Erie and in the surrounding unincorporated Boulder County and Weld County. Call Veronica Contos at 303.828.6588 for assistance.

## IMPORTANT PHONE NUMBERS

|  |                           |
|--|---------------------------|
| Recreation Coordinator<br>Active Adults 60+  | 303.926.2795              |
| Meal Reservation for Thursday Lunch<br>Community Resources Program<br>Care Coordinator | 303.926.2795              |
| Erie Food Bank   | 303.828.6588              |
| Special Transit  | 303.828.3546              |
| Boulder County DA Consumer Affairs   | 303.441.3700              |
| Weld County DA Consumer Affairs  | 970.356.4010              |
| Erie Police Department   | 303.926.2800              |
| Mountain View Fire Dept.   | 303.772.0710              |
| Meals on Wheels East Boulder County  | 303.665.0566              |
| Weld County Senior Nutrition Program   | 970.353.3800<br>Ext. 3323 |
| Boulder County Housing<br>Authority (Victor Smith Housing Campus)                      | 720.564.2281              |

## FRIENDSHIP CIRCLE

This program welcomes new residents in Erie and those who have been in the Erie area for a short time. If you are interested in meeting others, developing friendships, and participating in activities that are organized by the group, please consider joining us. Call 303.926.2795 for a schedule of activities.

## FOOT CLINICS

A registered nurse provides a full range of services to treat your feet the 4<sup>th</sup> Tuesday of each month. Call Summertree Cares at 303.651.5224 to make an appointment and for fee information.

## SPECIAL EVENTS

### Western Roundup

Let's kick off the summer at our beautiful new park with a traditional picnic dinner and western music by Leo Everett.

|       |                    |
|-------|--------------------|
| Day:  | Tuesday            |
| Date: | 5336.216 - June 22 |
| Time: | 5:00 - 7:00 pm     |
| Fee:  | R \$9 / NR \$11    |

### Teddy Bear Picnic

Attention Grandparents! Treat your grandchildren to a fun morning at the new Erie Community Park. Have them bring their favorite Teddy Bear. We will have some fun activities and light refreshments. The program is designed for children, 2 - 8 years old. All children must be accompanied and supervised by a grandparent.

|       |  |
|-------|--|
| Day:  | Wednesday  |
| Date: | 5336.218 - July 21   |
| Time: | 9:30 - 11:00 am  |
| Fee:  | R \$5 / NR \$7 - 60+<br>\$7 - 59 & Under<br>\$2 - Grandchild |



## TRIPS

### Dinosaur Ridge / Mountaineering Museum

Imagine where the dinosaurs roamed as we take this walking tour near Morrison. Lunch follows at the Old Capitol Grill in Golden. After lunch, we will stop at the Mountaineering Museum. Lunch on your own. Price range: \$7 - \$10.

Day: Friday  
Date: 5386.208 - June 4  
Time: 8:45 am - 3:45 pm  
Fee: R \$5 / NR \$7

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### Celestial Seasonings Tour

Tour the world's most advanced tea production plant, and view the extensive display of original artwork in their gallery. Enjoy free samples of all the tea flavors. Lunch on your own, cafeteria style at Celestial Cafe. Price range: \$7 - \$10.

Day: Friday  
Date: 5392.206 - June 11  
Time: 9:30 am - 2:00 pm  
Fee: R \$5 / NR \$7

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### Candlelight Dinner Theater / Joseph & the Amazing Technicolor Dreamcoat

A world-wide phenomenon, this colorful retelling of the biblical story about Joseph, his uncanny abilities and his designer coat will have you laughing. Price includes dinner, show, non-alcoholic beverages, and gratuity.

Day: Sunday  
Date: 5397.218 - June 13  
Time: 11:30 am - 5:30 pm  
Fee: R \$45 / NR \$59

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### Tiny Town Tour

Visit the oldest kid size village and railroad in the USA. Lunch on your own at the concession stand.

Day: Wednesday  
Date: 5390.206 - June 16  
Time: 8:45 am - 2:45 pm  
Fee: R \$11 / NR \$15

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### Hike at Mud Lake Open Space

This senior hike is hosted by the Boulder County Parks & Open Space Department. Join us for an enjoyable, informal, and slow-paced hike. Bring water & snacks, and wear comfortable clothing and shoes. Bring a sack lunch for a picnic at the trailhead, following the hike.

Day: Thursday  
Date: 5391.208 - June 24  
Time: 8:30 am - 3:00 pm  
Fee: R \$5 / NR \$7

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### Denver Mountaineers

This barbershop chorus & quartet present their western & patriotic theme for this performance. An added treat are the root beer floats! Lunch before the performance at Red Tango, a South American/Latin restaurant with a Mediterranean twist. Lunch on your own. Price range: \$9.95 - 12.95.

Day: Saturday  
Date: 5392.209 - June 26  
Time: 10:45 am - 5:00 pm  
Fee: R \$9 / NR \$15

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### Butterfly Pavilion - Grandparents & Grandchildren!

This is our first grandparent-grandchild tour, for your grandchildren ages 2 - 8. We begin our visit with a special program, followed by a self-guided tour through the pavilion and gardens. Bring a sack lunch or purchase food on the premises. All children must be accompanied and supervised by a grandparent. You will be transported by a Boulder Valley school bus. BVSD requires children 2-4 years old be seated in a car seat that they provide. Registration deadline for 2-4 year olds is Friday, June 11.

Day: Monday  
Date: 5383.206 - June 28  
Time: 8:45 am - 1:15 pm  
Fee: R \$9 / NR \$15 - 60+  
\$15 - 59 & Under  
\$4 - Grandchild

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### Banjo Billy's Denver Bus Tour

Banjo Billy's bus tour gives history tours of Denver from an old school bus tricked out to look like a traveling hillbilly shack. Enjoy an early lunch at Mimi's Cafe prior to the bus tour. Lunch on your own. Price range: \$7 - \$11.

Day: Wednesday  
Date: 5336.206 - June 30  
Time: 10:15 am - 3:45 pm  
Fee: R \$19 / NR \$25

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### Breakfast at Janie's in Longmont

Lauded as the best breakfast in town, you will want to be sure to try their homemade cinnamon rolls. Breakfast on your own. Price range: \$5 - \$9.

Day: Wednesday  
Date: 5381.206 - July 7  
Time: 9:00 - 11:30 am  
Fee: R \$5 / NR \$7

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### Bookcliff Vineyard

Our visit takes us to BookCliff's tasting room located in North Boulder. We will have lunch at Rumbi Island Grill at 29th Street Mall before the tour. Lunch on your own. Price range: \$8 - \$12.

Day: Friday  
Date: 5384.207 - July 9  
Time: 11:00 am - 4:00 pm  
Fee: R \$7 / NR \$9

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### Rockies vs. San Diego Padres

Let's go out to the ballgame! Lunch on your own at the ball park.

Day: Sunday  
Date: 5336.217 - July 11  
Time: 11:15 am - 5:45 pm  
Fee: R \$12 / NR \$15

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# Active Adults 60+ (cont.)

## Tour of Xcel Energy Power Plant

We will visit the Valmont Power Plant in Boulder. The plant is home to birds and wildlife. This walking tour includes cat walks, so wheelchairs/walkers cannot be accommodated. Wear comfortable shoes. Lunch following the tour at Blue Parrot in Louisville. Lunch on your own. Price range: \$7 - \$11.

Day: Tuesday  
Date: 5399.218 - July 13  
Time: 9:30 am - 2:00 pm  
Fee: R \$5 / NR \$7

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## Dinner at Saltgrass Steakhouse

This favorite restaurant of the Erie active adults recaptures the flavor of the open campfire. Steaks, chicken, & seafood are chargrilled to perfection. Complete with breads, soups, and desserts, made daily. Dinner on your own. Price range: \$7 - \$21.

Day: Monday  
Date: 5395.217 - July 19  
Time: 4:30 - 7:30 pm  
Fee: R \$5 / NR \$7

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## Wild West Tour

Learn about Erie and all of its history on this fun tour, sponsored by the Erie Historical Society. We will visit downtown, the cemetery, the Wise Museum, and more. Lunch following the tour at Coal Creek Company. Lunch on your own. Price range: \$8 - \$12.

Day: Saturday  
Date: 5391.206 - July 24  
Time: 8:45 am - 1:45 pm  
Fee: R \$19 / NR \$25

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## King Tut Exhibit/Denver Art Museum

Experience the splendor of this first ever visit for the treasures of Tutankhamum. Explore the treasures of the pharaohs in this 90 minute tour. Lunch on your own following the tour at Dozens. Price range: \$7 - \$11.

Day: Tuesday  
Date: 5392.208 - July 27  
Time: 8:30 am - 3:00 pm  
Fee: R \$15 / NR \$19

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## Hike at Bald Mountain Scenic Area

This senior hike is hosted by the Boulder County Parks & Open Space Department. Join us for an enjoyable, informal, and slow-paced hike. Bring water & snacks, and wear comfortable clothing and shoes. Bring a sack lunch for a picnic at the trailhead, following the hike.

Day: Thursday  
Date: 5386.207 - July 29  
Time: 8:30 am - 2:00 pm  
Fee: R \$5 / NR \$7

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## Victoria's Tiny Tea Room

Enjoy a relaxing lunch at this unique tea room in Eaton. Price includes your meal, transportation, and escort costs.

Day: Tuesday  
Date: 5338.207 - August 3  
Time: 10:30 am - 2:00 pm  
Fee: R \$15 / NR \$19

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## Dinner at White Fence Farm

Enjoy this restaurant that specializes in fried chicken, along with other delicious entrees. Following dinner there will be time to shop, walk around the gardens, and enjoy the fresh air. Dinner on your own. Price range: \$11 - \$19.

Day: Tuesday  
Date: 5382.206 - August 17  
Time: 3:30 - 8:00 pm  
Fee: R \$5 / NR \$7

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## Greeley Freight Station Museum

This model train museum is one of the best in the nation. The museum features over 1,100 railroad artifacts. Lunch following at the Golden Corral, on your own. Senior discount meal cost, \$7.19 plus beverage and tax.

Day: Friday  
Date: 5396.217 - August 20  
Time: 8:45 am - 3:15 pm  
Fee: R \$13 / NR \$17

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## Carousel of Happiness Tour in Nederland

Visit this unique 1910 carousel with a 1913 working Wurlitzer band organ. The carousel is housed in Nederland and offers a spectacular display! We will eat following the tour at the Savory Cafe. Lunch on your own. Price range: \$7 - \$11.

Day: Tuesday  
Date: 5380.208 - August 24  
Time: 8:30 am - 2:30 pm  
Fee: R \$5 / NR \$7

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## Hike at Caribou Ranch Open Space

This senior hike is hosted by the Boulder County Parks & Open Space Department. Join us for an enjoyable, informal, and slow-paced hike. Bring water & snacks, and wear comfortable clothing and shoes. Bring a sack lunch for a picnic at the trailhead, following the hike.

Day: Thursday  
Date: 5385.207 - August 26  
Time: 8:30 am - 2:00 pm  
Fee: R \$5 / NR \$7

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## Brunch at Rooster's

Enjoy a hearty brunch at a favorite restaurant in Keenesburg. Brunch on your own: \$8.95 - \$12.95.

Day: Sunday  
Date: 5337.207 - August 29  
Time: 9:30 am - 12:30 pm  
Fee: R \$5 / NR \$7

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## Abbey at St. Walburga

Visit the small community of contemplative Benedictine nuns. The Abbey is located in a valley in northern Colorado, 30 miles south of Laramie, Wyoming. We will tour the Abbey, visit the gift shop, and eat lunch in their dining room. Lunch is included in the cost of this trip.

Day: Tuesday  
Date: 5398.206 - August 31  
Time: 8:15 am - 3:30 pm  
Fee: R \$15 / NR \$19

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